

# MEASURING OUR BODIES

A Measuring Activity With Partners

#### How to Use This Resource

This is a fun activity to teach students about measuring.

First, demonstrate how to use the data collection sheet. Model how to choose an appropriate measuring tool (ruler or tape measure), how to line up the end of the tool to get an accurate measurement, how to read the tool, and how to record the information. There are two sheets in this packet - one using inches, and the other using centimeters.

Next, pair students up. The student records the measurements they take, NOT their own measurements. They are responsible for measuring their partner's body parts and recording that information.

This activity provides a great opportunity for discussion on how to compare lengths as well!







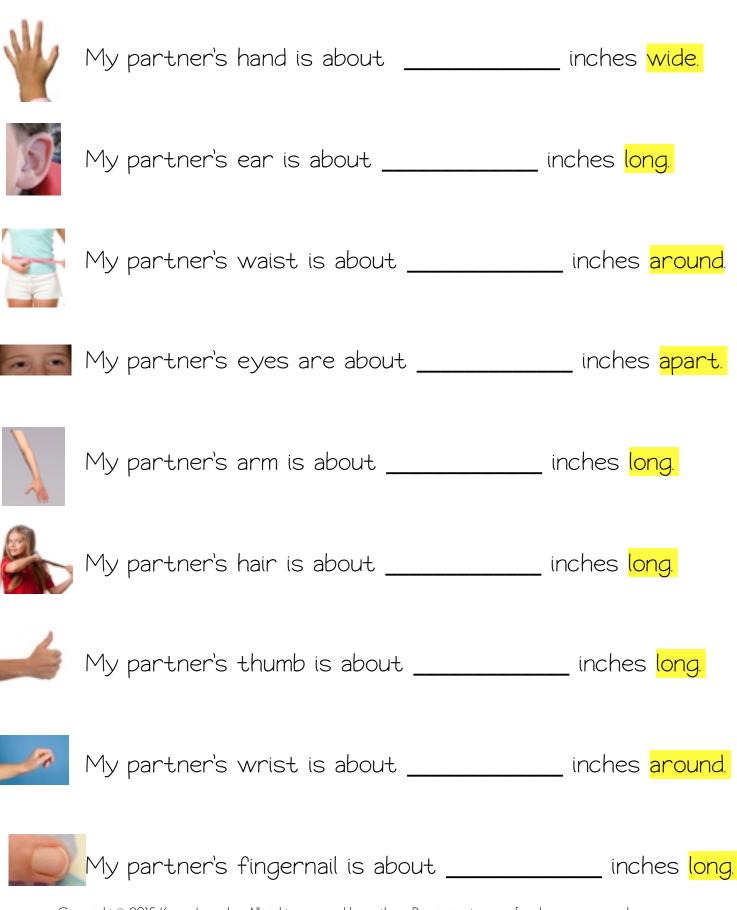
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